



Fence Talk

University Heights Association, Inc.

October, 1999

UNIVERSITY HEIGHTS BOARD MEETING

At the September 14 Board Meeting, the board discussed the final planning details for the October 3 neighborhood picnic at Lewis Park. The parade will start at 3:30 at Yale/Cornell/Princeton. The potluck picnic will begin at 4:00 pm. Leashed dogs are invited to attend. No advertising will be allowed during the picnic.

One correction to the list of officers was noted: Pat Kiely is the Treasurer, Juliette Smith is the Assistant Treasurer. The board also discussed updating the neighborhood directory. They are in the process of knocking on doors to get updated information to be placed in the directory.

Plans were made for Halloween night in the neighborhood. Please see the article on page two for further details about the GREAT PUMPKIN.

The board is getting welcome packets out to all new neighbors. If you know of a new neighbor, or if you are a new neighbor who would like a welcome packet, please call Suzanne Loui at 721-2204.

The board set the date of the annual meeting for April 15, 2000.

TRUSTEES

The trustees are continuing to work on several issues in our neighborhood. The street work is still not completely finished. If you know of items that still need to be resolved (standing water after rains, visible seams, etc.) please contact Tim Moffit at City Hall.

The trustess are also applying for a grant that may give us some financial assistance for trimming trees in the tree lawn, and also one for planting new trees in our tree lawn.

The trustees and board members request that everyone drive cautiously and slowly in the neighborhood. Many of our streets have children playing on them!! The trustees are also continuing to address the parking problems that have been presented to them by some of the neighbors.

WELCOME NEW NEIGHBORS!

We welcome the following new University Heights neighbors:

- Christopher & Tracy Schroeder at 6947 Amherst
- Mary Jane Kernan at 6967 Dartmouth
- Curtis & Maryann Hempen at 747 Harvard

LEAF RAKE OUT

U City will pick up leaves at curbside three times this fall. The scheduled dates for the University Heights pickup are:

- Week of October 11-15
- Week of November 1-5
- Week of November 29 to December 3

Rake leaves to the curb the weekend before the scheduled pickup, but no earlier. Be careful not to park cars on piles of leaves because the leaves can ignite.

The city will not require waste stickers for bags of leaves during the months of November and December.

Don't forget to take advantage of the leaf mulch and wood chips that are available free to residents at Heman Park.

KUDOS! University Heights resident Shari Lekane-Yentumi has been hired by University City East Community Council to serve as their staff person.

Spotlight on Health ...By Dr. John Thomas

To live longer and better, follow these suggestions:

- If possible, breast-feed your children. Breast-feeding promotes a strong immune system and high intelligence.
- Stop smoking. Use no tobacco products.
- Reduce alcoholic drinks to two per day.
- Marry and stay married. Married men live longer than those who remain unmarried.
- Have an active sex life and practice monogamy.
- As you age, maintain an active lifestyle. Moderate daily exercise promotes health.
- Do not retire from working, simply work less. Maintain a purpose for living. Stay involved.
- See your physician regularly, as instructed.
- Seniors who reduce their food intake live longer. Eat to live, rather than live to eat.
- Take a cat or dog into your home as a pet.
- Oral and rectal health promote longevity. Keep teeth and gums healthy. Healthy colons keep people healthy.

Live long and prosper

RECYCLING UPDATE

Magazine Recycling University City now takes magazines for recycling. Magazines can be dropped off at a bin behind the Heman Park Community Center.

Pay As You Throw University City is implementing a pilot program which gives a financial incentive to reduce the amount of solid waste generated by each household (and encourage recycling). In the Pay As You Throw Program a household is billed only for the amount of refuse it produces, rather than the current flat rate. To participate in the pilot program, call the Public Works Hotline at 863-3208.

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|---|--------------|----------------|
| REDUCE | REUSE | RECYCLE |
| 1. Reduce the amount of unnecessary packaging | | |
| 2. Adopt practices that reduce waste toxicity | | |
| 3. Consider reusable products | | |
| 4. Maintain and repair durable products | | |
| 5. Reuse bags, containers and other items | | |
| 6. Borrow, rent or share items used infrequently | | |
| 7. Sell or donate goods instead of throwing them out | | |
| 8. Choose recyclable products and containers & recycle them | | |
| 9. Select products made from recycled materials | | |
| 10. Compost yard trimmings and some food scraps | | |

TRICK OR TREAT

Halloween Night is coming up! University Heights has set up a few rules to help everyone stay safe that night. If you want Trick-or-Treaters to stop by your house, turn on your porch light between 6:00pm and 8:00pm. Don't answer your door after 8:00pm, and be sure any trick-or-treaters in your household finish by 8:00!!

There will be blockades and signs set up at both car entrances to the neighborhood to keep out unwanted traffic. If you have invited guests over, please let them know. **PLEASE DON'T MOVE OR REMOVE THE BARRICADES.**

Trick-or-Treaters are reminded to wear light colored clothing and/or reflective tape and to carry a flashlight.

The Great Pumpkin will be out to judge the pumpkins in the neighborhood, so please be sure to display your "work of art".

Street parties are welcome—but don't forget it's a school night!

BLOCK HOMES

It's that time of year again. School children are walking through the Heights to and from school. It's time to remind you about the Block Home Program which was established in 1984 under the guidance of our neighborhood association and the University City Police Department. It addresses the issues of health and safety for our children who walk to and from school. As is often the case, a few Block Home participants moved over the summers, and we invite new participants into the program. We try to have at least 2 homes per street, more on longer streets such as Dartmouth.

As a Block Home volunteer, you will be asked to place a sign in your window so children going to and from school will know which house can be used in an emergency. You need not be home every day. The sign can be removed when you are not available. You will not be expected to break up fights or give medical aid. It will be your responsibility to call the parents and proper authorities in any emergency situation involving a child. If you are interested in becoming a volunteer, please give me a call at 862-2644.

Those of you who are parents of school age children may want to walk your child's route to and from school with him/her and point out the Block Homes on the way.

As a parting note, I want to remind all drivers in the Heights to **SLOW DOWN** and remember to stop for the stop signs. They are there for pedestrians, and especially for our children.

Thanks!
Marilyn Cathcart 862-2644
Block Home Coordinator.

FENCE TALK CLASSIFIEDS

BABY SITTERS

Terec Wilson 721-8157
Jenny Phillips 725-4567
Cayla Damick 863-7106
Andrea Johnson 726-5452
Lauren Taylor 863-2020
Matthew Daughaday 863-3008
Cassie Phillips 725-4567
Evan Pheiffer 725-7067
Emily Patterson 862-5293
Alison Damick 863-7106
Anne Johnston 726-5997
Ben Scrivner 721-0921
Allison Scott 725-0893
Brandon Bloom-Ellis 727-1362

PET SITTERS

Ryan Patterson 862-5293
Melanie Kemp 725-4570
Cayla Damick 863-7106
Allison Scott 725-0893
Jenny Phillips 725-4567
Evan Pheiffer 725-7067
Bradley Land 725-0785
Ben Scrivner 721-0921
Brandon Bloom-Ellis 727-1362

LAWN MOWING

Justin Vail 727-9149
Evan Pheiffer 725-7067
Evan Johnston 726-5997
Bradley Land 725-0785
Brandon Bloom-Ellis 727-1362

PAINTING

Dan Diekneite 863-7258
Patrick Beckman 862-0383

ESTATE SALES

Ruth Cobb 863-2144

HOUSE SITTING

Mary Jo Maroney 727-8554

WRITING/PUBLISHING

Myra Vandersall 725-1059

WATER PURIFIERS

Michael Williams 726-5644

FENCE TALK UNCLASSIFIEDS

INTERPRETER WANTED by philatelist (stamp collector) - French, Arabic & Portugese. "pay U.S. Mint Postage"

Also, fellow philatelists. Foreign issues only. Call before 11am daily. S. Stein 862-1857.

CLEANING Best maids for thorough cleaning in your home. Call Maria Beckman, 832-4578, 6949 Cornell

ART INSTRUCTION Adults or children Alaine Peaslee-Hinshaw offers one-on-one and group art instruction in her home studio at 6921 Amherst. Learn to paint, pot, print, sculpt, make paper or create stained glass. Call 721-8231.

FOR SALE Firewood & Mulch, Dean Blechle, Rt. 4 Box 443A, Perryville, MO 63775, 573-547-2217.

His services come highly recommended by Debbiew Schwartz on Princeton

COMPUTER HELP Call Orion Trotter 863-0483

HEALTH CARE Chiropractic and Alternative Health Care, Dr. John Thomas 721-8829

BOTTLED WATER Put a spring in your home! Free 2 weeks, no cost, no obligation 100% spring water-bottled water at your fingertips. Call Kathy @ Tyler Mountain Water 524-6320 or home 726-2416

MISC HELP Orion Trotter will pet sit, dust, clean windows, do lawn work. Call him at 863-0483

FOUND Black CD Case on Monday, September 19th near Yale and Radcliffe. Contains 13 CDs. Call 725-9739 to identify and claim.

TREE TRIMMING Call Christopher Galamyk for limb removal and tree trimming of trees on your property (not tree lawn trees). 863-6288.

PERSONAL TRAINER Interested in getting/staying in shape? Call Tambra Galamyk, certified personal trainer. She would like to organize and lead a morning walk/workout in the neighborhood. 863-6288.

To Place or Change a Classified Ad, Call Janet Schaper at 726-5352.

If you have information or ideas for articles for FENCETALK, call Janet Schaper at 726-5352

CALENDAR

October
1999

- 1 Friday Loop in Motion Arts Festival
Gallery Walk 6-9
- 2 Saturday Loop in Motion Arts Festival, continued
- 3 Sunday **University Heights Parade & Picnic**
Parade 3:30 pm Yale/Cornell/Princeton
Potluck Picnic 4:00 pm Lewis Park
Loop in Motion Arts Festival, continued
- 9 Saturday U City in Bloom Soil Preparation Workshop 9:30 am
U City Library
- 11 Monday Columbus Day Holiday
- 11 -15 Curbside Leaf Collection in University Heights
- 12 Tuesday University Heights Board Meeting @ Jonathan Katz home
6975 Cornell
- 24 Sunday United Nations Day
- 30 Saturday Live Halloween Show-Blueberry Hill 9-12 pm
- 31 Sunday **HALLOWEEN NIGHT!! Watch for the Great Pumpkin!**
Trick-or-Treaters between 6 and 8 pm
Drive Safely!!

IMPORTANT PHONE NUMBERS

Fence Talk Editor: Janet Schaper, 726-5352

University Heights Assn Board President: Angela Fedderson-Heinze 721-2032

Block Homes: Marilyn Cathcart, 862-6244

Contractor File: Shane Calkins, 725-3058

Welcome Packets: Suzanne Loui, 721-2204

Trustees: Ron Scott, 725-0893 6942 Amherst

Kathy Sorkin, 725-2953 6940 Columbia

Paula O'Keefe, 862-6296 6919 Columbia

Police (non-emergency): 725-2211

City Hall: 862-6767

U. City Library 727-3150

The Winning Design for this year's University Heights picnic button was a collaboration between Betsy Grant's drawing and Alyssa Royce's computer graphics. Look for a really great button this year at the picnic!!